



Use Health Club & Gym,
Membership Fitness Studio

Size Requirements 4,000 - 5,000 sf

Type Of Real Estate End Cap & In Line Units,
Strip, Neighborhood And Lifestyle Centers,
Free Standing Buildings,
Downtown Business Districts

Target Markets Throughout The East Coast Of The United States

Existing Locations Over 55 Clubs In 22 States And Puerto Rico,
6 Clubs Now Open In New Jersey

Remarks The #1 Company In The Cardio Boxing, Kickboxing And
MMA Gym Industry

- Founded In 1992 In Orange County, CA
- Unique Boxing, Kickboxing And Mixed Martial Arts Regimes
- Excellent For Cardio Workouts, Burning 800 To 1,000 Calories Per Session
- Aggressive Development Plans

**For Further Information
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